



Job Title: Care Assistant  
Reporting to: Registered Manager  
Direct Reports: 0

Job Band: Band 9  
Size of Team: 102

The role of Care Assistant is to support the rest of the staff in maintaining a high level of care to all our Residents. It involves a great deal of flexibility, in order to enable our Residents the individuality and dignity they need. You will in turn be supported by the Trained Nurse in charge of your shift.

## Key Responsibilities

- Provide and assist with the personal hygiene care of Residents
- Assist Residents with dressing and undressing
- Assist Residents with toilet requirements
- Assist Residents with bathing and hair care
- Make up Residents beds
- Laundry work (washing, drying and ironing)
- Assist with the preparation of food for Residents e.g. vegetables, roasting meat. Clean and tidy the kitchen after food has been prepared
- Distribute meals and drinks to Residents and assisting Residents (laying tables and trays as required)
- Perform any other duties commensurate with these responsibilities, the band of the post and skills and qualifications of the post-holder.

## You will

- Be able to work on your own initiative
- Have willingness to learn and adapt new skills
- Be willing to work flexible hours



## BE PART OF A LIFE SAVING TEAM



## Person specification

This is a specification of the experience, skills etc. that are required to effectively carry out the duties and responsibilities of the post (as outlined in the job description) and forms the basis for selection.

| Requirements   | Essential | Desirable |
|--|-----------|-----------|
| <b>Education and Qualifications</b>  |           |           |
| Educated to GCSE level or equivalent (Grade C) inc Maths & English                   | ✓         |           |
| NVQ level 2 and/or 3   |           | ✓         |
| <b>Experience</b>  |           |           |
| Experience of providing personal care to elderly residents                           |           | ✓         |
| Experience working within a care home setting  |           | ✓         |
| <b>Skills, knowledge and abilities</b>   |           |           |
| Excellent interpersonal skills with ability to communicate effectively at all levels |           | ✓         |
| Understand the importance of resident care and following a Plan of Care              | ✓         |           |
| Attention to detail  | ✓         |           |
| Ability to work as part of a team and individually                                   | ✓         |           |

This job description is intended as an outline indicator of general areas of activity and will be amended in light of the changing needs of St John Ambulance. It is expected that the post holder will be as positive and flexible as possible in using this document as a framework.

Initials: HR

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